ASDAN Programmes Available Through Life Journey Academy.

Information for Schools, Local Authorities and Professionals

About Life Journey Academy

Life Journey Academy (LJA) is a non-school alternative provision delivering outreach mentoring and accredited programmes for children, young people, and adults with SEND and SEMH needs across Berkshire, Surrey, and Hampshire.

LJA is an approved ASDAN centre, accredited to deliver Ofqual-regulated programmes and ASDAN-accredited programmes for young people and adults aged 13 and above. Programmes are delivered through outreach on a 1:1 basis, in schools, community settings, or at our learning space in Camberley, Surrey. Some programmes can also be delivered online.

EHCP is not required to access any programme. Where an EHCP is in place, provision is mapped to Section F outcomes. Where no EHCP exists, the programme is shaped around the individual's needs, goals, and current situation.

ASDAN Programmes Available

LJA is approved to deliver the following five ASDAN programmes. Each is portfolio-based with no formal examinations. All result in an official ASDAN award or certificate, regulated by Ofqual in England and sitting within the national qualifications framework.

Programme	Focus	Who it suits	Levels
Employability	Career exploration, workplace skills, presenting yourself to employers, overcoming barriers to employment	Post-16 young people and adults working towards employment as a realistic goal, including those on study programmes or traineeships	Entry Level 2, Entry Level 3, Level 1, Level 2
Personal and Social Development (PSD)	Confidence, emotional and social health, personal responsibility, new activities and challenges	Young people aged 14 and above and adults working on personal and social skills alongside other support	Entry Level 1 to Level 2
Personal Development Programmes (PDP): Bronze, Silver and Gold	Communication, independent living, health and wellbeing, world of work, sport and leisure, community, expressive arts	Young people aged 13 and above benefiting from a personalised, flexible programme with a wide range of activities	Entry Level 3 to Level 1
Accelerating Progress: English and Mathematics	Functional literacy and numeracy, practical English and maths skills, GCSE resit preparation	Young people from Year 9 upwards, post-16 learners, and those working towards GCSE resits in a flexible setting	Functional skills equivalent
Short Courses	Topic-based skill development across more than 30 areas	Young people aged 13 and above; can be combined with other	Entry Level 3 to Level 1

Programme	Focus	Who it suits	Levels
	including sport, animal care, food and cookery, careers, esports, citizenship, and more	programmes or used as a standalone starting point	

Short Courses can be stacked over time and contribute towards credits for Personal Development Programmes and ASDAN's Personal Effectiveness Qualifications. Some Short Courses are available through ASDAN's digital platform, Equitas, and can be completed entirely online.

Preparing for Adulthood

All ASDAN programmes we deliver contribute to one or more of the four Preparing for Adulthood outcome areas set out in the SEND Code of Practice: employment, independent living, community participation, and health. Several programmes contribute to all four.

Preparing for Adulthood Outcome	Relevant Programmes
Employment	Employability, Accelerating Progress: English and Mathematics, Short Courses (Careers and Experiencing Work, Work-Related Learning, Enterprise)
Independent Living	Personal Development Programmes (PDP), Personal and Social Development (PSD), Short Courses (Personal Finance, Food and Cookery, Independent Living-related

Preparing for Adulthood Outcome	Relevant Programmes
	titles)
Community Participation	Personal and Social Development (PSD), Personal Development Programmes (PDP), Short Courses (Citizenship, Voluntary and Community Work, PSHE)
Health	Personal and Social Development (PSD), Short Courses (Health and Fitness, PSHE, Sport and Fitness)

Progression Pathways

ASDAN qualifications can support progression towards:

- Further education and college
- Supported internships
- Employment and apprenticeships
- Volunteering and community participation
- Greater independence
- Further ASDAN qualifications

For some learners, ASDAN is a stepping stone back into education. For others, it supports the skills, confidence and experience needed for adult life.

Delivery and Reporting

All programmes are delivered 1:1 through outreach. Sessions take place in the environment that works best for the young person. There is no fixed timetable. Credits are earned through hours of activity at a pace that is realistic for the individual.

Four-Stage Delivery Model

Stage	What Happens	Output
1. Referral or Enquiry	Referral or enquiry reviewed. Initial conversation with school, family, local authority, or professional to discuss needs and whether LJA is the right fit.	Acknowledged within one working day.
2. Baseline and Planning	Goals agreed with the young person, referrer, and family. Mapped to EHCP Section F outcomes, SEN Support plan, or individual need where no formal plan exists.	Programme plan agreed with the young person, family, and referrer before delivery begins.
3. Outreach Delivery	Structured 1:1 sessions built around the young person's interests, strengths, and goals. Portfolio evidence gathered through activities, projects, and challenges.	Weekly written session log shared with referrer and family.
4. Reporting and Review	Progress reviewed with the young person and family at an agreed mid-point. Written outcome report produced on completion, covering activities completed, credits achieved, progress made, and recommended next steps.	Written outcome report. Where an EHCP is in place, reports can be used as evidence in annual reviews. Multi-professional meetings attended where required.

Safeguarding and Compliance

Requirement	Detail
Designated Safeguarding Lead (DSL)	Lee Johnson, Level 3
Deputy Designated Safeguarding Lead (DDSL)	Natalia Krasnianska, Level 3
Enhanced DBS	Both directors on DBS Update Service
Safeguarding policy	KCSIE aligned
Insurance	Public liability: £10,000,000. Professional indemnity: £5,000,000. Employers' liability: £10,000,000. Underwritten by Hiscox Insurance Company Limited.
ICO registration	Registration number available on request.

Further compliance documentation is available on request.

Who We Work With

We work with young people and adults aged 13 and above with SEND, SEMH needs, autism, ADHD, or anxiety, including those who are experiencing school attendance difficulties, disengagement from education and working towards greater independence, employment, or further education.

We accept referrals from schools, SENCOs, local authorities, social care teams, Early Help workers, and families directly.

Who ASDAN May Be a Good Fit For

A referral is likely to be appropriate where a young person or adult:

- has found mainstream school or traditional learning environments difficult or overwhelming
- has been out of education for a period of time, including those who are NEET
- is on a reduced timetable or is not currently attending school
- has left education without qualifications that reflect their actual abilities
- is post-16 and working towards Preparing for Adulthood outcomes
- would benefit from a flexible, interest-led approach rather than a structured classroom setting
- needs accredited, evidenced provision that maps to EHCP Section F outcomes
- is an adult who never had the right support in education and wants to build skills or gain a qualification

How to Make a Referral

To discuss a referral or request further information, contact us by email or website contact form. We respond to all enquiries within one working day. From there, we arrange an initial conversation to discuss the young person's situation and identify the most suitable programme and starting point.

Contact	Detail
Email	contact@ljacademy.co.uk

Contact	Detail
Email	contact@ljacademy.co.uk
Telephone	07765 802889
Contact form	https://ljacademy.co.uk/contact-us/
ASDAN Programmes page	ljacademy.co.uk/asdan-programmes/
Policies	ljacademy.co.uk/policies
Operating areas	Berkshire, Surrey, and Hampshire